



## 2026 SHALLOWATER POWERLIFTING SCHEDULE

JANUARY 15th - Slaton - 12 PM Start

JANUARY 24th - Frenship - 9 AM Start

FEBRUARY 14th - Levelland - 9 AM Start

MARCH 6th - Girls Regionals **Unequipped** Odessa High School

MARCH 7th - Girls Regionals **Equipped** at Reagan County HS

MARCH 12th - Boys Regionals at Post HS - 1 PM Start

MARCH 18th - 21st - Girls State at Bert Ogden Arena, Edinburg

MARCH 27th - Boys State at Taylor County Expo Center, Abilene - 8 AM Start

Coaches: Ryan McCallister and Rodney Vincent

Superintendent: Dr. Anita Hebert

Athletic Director: Rodney Vincent

Principal: Candace Wilkins

